

## Water-Hikes

Seeweg	Ð		
Aigen im En	nstal		Aige
🕑 1:15 h	🖓 <b>3.6 km</b>	ት∲ <b>50 vm</b>	easy

Starting point: Aigen tennis court This tour leads around the beautiful Putterersee. You will walk along the lake shore as far as the forested Kulm. There, narrow lanes lead along the forest's edge to Hohenberg, where St. John's Chapel awaits your visit. Via Sallaberg am See, you will now walk back to where you started.

The Nature.Power.Place. - Bankerlplatz Putterersee - invites you to

💛 0:45 h	⊲ <del>_</del> <sup>⇒</sup> 1.6 km	<u> </u>	easy
Stainach-P	ürgg		Lesserr
Lesserne	r Waterfall		🕅 B3
linger and re	charge your batteri	es.	

#### Starting point: Lessern car park

This relaxing hike leads you to a very special natural wonder. Through forest and along boardwalks, you will soon come to the spectacular Lesserner Waterfall which, depending on the season, plunges 60 to 80 meters into the depths below, providing ideal refreshment on hot summer days.

Stainach-Pürgg	Stainach, Wörs
Circular Path to the Waterfall Site at the Enns River 🌑	

Stainach-Pürgg			Stainach, Wörschach		
💛 1:15 h	🖓 <b>4.4 km</b>	∱ <b>↓ 10 vm</b>	easy		
Starting point: Stainach train station					

You follow the path along the Leistenbach stream to the water square on the Enns. The Nature.Power.Place. there gives you an exercise on the way. You walk upstream along the Enns until you take the subway to Stainach on the right. Turn right at the railway back to the starting point.

Gorge-Ruins-Circular-Trail 🔛	<b>D</b> 3
Wörschach	Wörschach

 $\bigcirc$  2:00 h  $\bigcirc$  4.6 km  $\uparrow \downarrow$  300 vm ■ moderate Starting point: Wörschachklamm gorge car park

There are two highlights on this hike (No.1): The sound of rushing water accompanies you as you hike along wooden walkways and steps through the wild and romantic Wörschachklamm gorge. Forest paths then take you to the Kalkofen and the Wolkenstein castle ruins. The latter is not only historically interesting, but also offers a beautiful view.

Spechten	see via Gorge	F	<b>D</b> 3
Wörschach		Wörschach	, Wörschachwald
🔆 4:00 h	<b>4</b> — <sup>▶</sup> 10.4 km	∱ <b>↓ 540 vm</b>	moderate

Starting point: Wörschachklamm gorge car park A hike for all the senses. Through the Wörschachklamm, a mossy forest and fragrant meadows, you will hike to the Spechtensee, a lake charmingly nestled amid nature. Walk around this moorland lake, treat yourself to a soothing footbath or dare to jump into the cool, wet water. On the way back, we suggest getting a bite to eat at the Spechtenseehütte.

### **Panorama-Hikes**

Hohe Trett 🖤	🕅 D4
Aigen im Ennstal	Vorberg

 $\bigcirc$  4:00 h <=<sup>></sup> 11.5 km  $\uparrow \downarrow$  620 vm ■ moderate

Starting point: Möslhof car park Grimming, Ausseerland, Dachstein and Gesäuse – you can see them all from the Hohe Trett. For the ascent, the choice is yours – either take the steep path via the Kohlanger or the scenic forest lane via the Schwoagalehen. No matter what you decide: After roughly two hours, you will have reached the summit and can enjoy the views. Along the way you can find the Nature.Power.Place. Stalingrad Chapel.

Großes Gindlhorn and Leistenalm			🕅 C3
Stainach-Pürgg		Pürgg	j, Wörschachwald
🔆 5:30 h	🖓 13.8 km	∱ <b>↓ 690 vm</b>	moderate

### Starting point: Stainach centre

From Stainach, this tour leads along a footpath to Pürgg. There it becomes steeper, as you hike up through forest and the exposed Himmelsleiter to the scenic summit of the Gindlhörndl. On the way down, enjoy refreshments at Gasthof Dachsteinblick, before hiking via the Leistenalm back to the valley.

Tressens	Tressenstein 🖤		
Stainach-Pürgg		Trautenfels	
🛇 3:00 h	⊲ <del>_</del> <b>7.9 km</b>	<b>↑↓ 550 vm</b>	moderate

0				1.4	
Starting	point:	Trau	tenfels	Castle	

This hike takes you to the little brother of the Grimming. You hike leisurely along the Nature.Power.Place. Trautenfels Castle and the church ruins of Neuhaus, through the forest to the Grimminghütte and a somewhat steeper ascent to the Tressenstein. Here you can enjoy a marvellous view of the Enns Valley. Descend along the same route - but don't forget to stop off at the Grimminghütte!

Spechtensee via Leistenalm Stainach-Pürgg Stainach		🕅 C3	
		Stainach	n, Wörschachwald
💛 4:30 h	🖓 10.5 km	∱ <b>↓ 780 vm</b>	<b>moderate</b>
Starting poi	nt: Stainach cen	tre	

From Stainach, a pleasant path leads through forest to the scenic Leistenalm, then via the Leistensattel down to the Spechtensee. There, you can take a rest and enjoy some refreshments, before hiking along forest pathways and via the so-called "Sinirböden" back to Stainach.

Tauplitzalm – Gnanitzalm 🖾	Æ
----------------------------	---

Stainach-Pü	irgg	Tauplitzalı	m, Gnanitzalm
💛 6:30 h	🖓 20.7 km	<b>1 1 260 / 993 vm</b>	<b>moderate</b>

Starting point: Tauplitz valley station

From the Tauplitzalm, you will hike on pleasant paths through alpine pastures, passing the Steirer- and Schwarzensee, two beautiful mountain lakes. You now continue through the pastures to the Gamsofen, a small, impressive cave. From there, follow the Grimmingbach to the Gnanitzalm, where you will likely want to enjoy refreshments before hiking back to the Tauplitzalm.

Stoiri	ngalm Hike	🕅 C3
Stainac	h-Pürgg	Wörschachwald
$\sim$		

#### $\bigcirc$ 4:00 h ♀ 10.0 km $\uparrow \downarrow$ 750 vm ■ moderate Starting point: Spechtensee car park

This tour fills the heart of every hiker with joy. From the Spechtenseehütte.

you will hike on pleasant pathways to a tranquil oasis of alpine pastures. From there, a path climbs through steep meadows up to the Feldl. You will follow the ridge line through forest to the Hochtor. From there, follow a hiking trail downhill, returning via the Wörschachwalderhof to your starting point.

Oberkogle	er-Schönmo	<b>os</b> 🗐	V D3
Wörschach		Wörsch	ach, Schönmoos
💛 3:30 h	🖓 7.0 km	∱ <b>↓ 400 vm</b>	moderate
Gorge, Alpine highlight after eat at the Obe	r another. Then, y erkogler Alm, whic	amm car park but tower – this hike gr our taste buds will be h is an absolute must. via the Alpine Garden.	ready for a bite to
Tausing C	ircular-Trai	il	<b>D</b> 2
Wörschach		Schönmoos	s – Totes Gebirge
💛 5:30 h	🖓 <b>11.2 km</b>	ት∲ 500 vm	moderate
This hike takes Zuckerhut". Th sunny Bärenf Klamml to a	hrough forest an eichtenalm, the S fixed-cable trail I	car park iking mountain knowr d alpine pastures, yo Schneehitzalm and vi eading to the top of a to truly beautiful view	ou will hike to the a the Langpoltner the Hochtausing.
Aicherlka	ralm and Aic	cherlstein	🕅 D3
Wörschach			Wörschach
🕑 2:45 h	<b>⊲</b> – <sup>⊳</sup> 6.5 km	ት∲ 530 vm	<b>moderate</b>

Starting point: war memorial, centre During this hike on the sunny side of Ennstal, you are going to clock considerable vertical gains. Via forestry lanes and forest trails, you will

come to the beautiful Aicherlkaralm. From there, it is but a short distance to the Aicherlstein. At the top, you will discover a very pleasant rest area where the views are absolutely gorgeous.

Hochmölbinghütte			🕅 D2
Wörschach		Schönmod	os – Totes Gebirge
💛 5:00 h	🖓 13.0 km	∱ <b>↓ 690 vm</b>	<b>moderate</b>
Storting noi	ntı Cahänmaaa a	ornork	

Starting point: Schönmoos car park A long-yet-rewarding hike leads via forestry lanes and forest paths to the

V C3

Langpoltenalm. This is the beginning of the steeper Grazer Steig, at the end of which the "Thank Heavens" bench invites you to enjoy a well-earned rest. From here, you will hike gently downhill to the Hochmölbinghütte. Either the same way, or via the Liezener Hütte and Hochtor, you will now hike back to your starting point.

Obermoser Circular-Trail		rail	C4
Irdning-Don	nersbachtal	Raumbe	erg, Donnersbach
🔆 3:30 h	🖓 9.6 km	<b>ት↓ 450 vm</b>	<b>moderate</b>

Starting point: Irdning info office This path leads via the Capuchin monastery to Raumberg. You will walk through town and uphill through forest to the Obermoser farm. Along the way, you can enjoy beautiful views of Donnersbachtal. Finally, you will hike downhill and make your way a little towards Donnersbach, before hiking along forest paths and forestry lanes via Raumberg back to Irdning.

## Short-Walks and **Leisurely-Tours**

Gatschberg-Path

Aigen im Ennstal		Lantschern, Gatschen, Quilk	
🔆 4:45 h	🖓 15.8 km	<b>↑↓ 550 vm</b>	moderate
Starting poi	nt: Aigen tennis d	ourt	

**D4** 

This tour leads you to the "Three Corners Point" in Aigen. The paths are easy, though there are a few climbs as well. Via Lantschern and Gatschen, you will come to the Gatschberg. There, you can enjoy the silence of the forest and even make a rewarding side trip to the Sender, before returning via Puttererlehen and Quilk to the start.

Ritzmanı	nsdorf-Tache	enberg-Path	🕅 D4
Aigen im Ennstal		Ritzmannsdorf, Tachenbe	
🕑 1:30 h	🖓 3.8 km	∱ <b>↓ 140 vm</b>	easy
Starting poi	int: Aigen tennis	court	

This hiking loop (No.3) first takes you steeply uphill to Ritzmannsdorf, followed by a leisurely downhill hike via Tachenberg to Hof Feuerle. From there, you will return to Aigen – several games along the way as well as story spots also promise lots of fun during the hike down.

Schlattha	m-Lantsche	rn-Path 🖤 🎡	🕅 D4
Aigen im En	nstal	Schlattl	nam, Lantschern
🕑 1:30 h	🖓 <b>5.2</b> km	∱ <b>↓ 50 vm</b>	easy

Starting point: Aigen tennis court Relaxed walk along the lake on path 4 and past the campsite to Schlattham. There you cross the main road before heading up to Lantschern and back to the starting point. The Nature.Power.Place. Putterersee bench is located along the way.

Lantschern-Gatschen-Path Lantschern, Gatschen Aigen im Ennstal

ờ 3:00 h	🖓 10.0km	∱ <b>↓ 260 vm</b>	easy
Starting poin	t: Aigen tennis o	court	

This tour takes you next to the rushing waters of the Gulling to an impressive hydropower station. After hiking up to Quilk, a forest on the Poserbauer Farm invites you to catch your breath. With a view of Schloss Pichlarn, you will follow narrow, paved paths via Lantschern and Niederdorf back to Aigen.

Kulm Sun	nmit 🆤		<b>D</b> 4
Aigen im Enı	nstal	Sallaberg am	See, Hohenberg
💛 3:00 h	<b>⊲</b> – <sup>→</sup> 9.4 km	<b>☆↓ 260 vm</b>	easy

Starting point: Aigen tennis court The Kulm is a great summit tour for big and small. You will begin on the Putterersee and quickly reach the forest, forestry lanes and forest paths leading you uphill. Time and again, you will catch sight of the Grimming. At the summit cross, enjoy a nice rest on the bench right next to it, then a relaxed hike via Hohenberg back to Aigen.

Riddle Hiking Path: The Kulm also attracts hikers with a path punctua-

ted by puzzles sure to challenge all brains, young and old. In the case of one variant that begins in Sallaberg am Kulm, you will set out from the Ortnerhof farm and follow path No.6. Reckon with roughly 1 hr 40 min. for this 5 km hike, which includes an elevation gain of 220 vertical meters.

Kulm Loc	op 🚳 🗧			🕈 D4
Aigen im En	nstal	Schlatt	ham, Sallaberg am	Kulm, Hohenberg
💛 2:30 h	₽8.	7 km	<b>个↓ 70 vm</b>	easy

Starting point: Aigen tennis court

**A**3

Not only can you hike to the top of the Kulm, you can also hike around it. Next to the Putterersee, walk via farm lanes and quiet roads to Schlattham and to the top of the Sallaberg, from where you are afforded a phenomenal view of the Grimming. You can return to the start either by following the River Enns in the valley or taking the forest path via Hohenberg. Nature.Power.Place. Bankerlplatz Putterersee.

#### Stalingradkreuz-Kohlanger-Rastanger-Path 🍥 Ritzmannsdorf, Vorberg, Tachenberg Aigen im Ennstal

 $(\bigcirc)$  4:00 h  $(\bigcirc)$  11.7 km  $(\uparrow \downarrow)$  700 vm ■ moderate Starting point: Aigen tennis court This hike leads you to the Stalingrad Chapel, a beautiful lookout point and

Nature.Power.Place. From Ritzmannsdorf, you will ascend a somewhat steep sunken lane. Soon the chapel comes into view. After a rest break, you won't have any issues with the remaining climb through forest to the Kohlanger. Via Rastanger and Tachenberg, you will now return to Aigen.

Aigen im Ennstal	Lar	ntschern, Gatscher
🕑 1:30 h 🛛 🖓 5.2 k	km ∱ <mark>↓</mark> 60 vm	easy
setting, with marvelous from the Schloss, you ca golfers on their rounds. O	chloss Pichlarn mpressive stately home i walking opportunities all an stroll next to the golf c In narrow streets, you will Lantschern, before return	around. Setting out ourse and watch the continue through the
Kulturnaturgenus	ss – Loop 🛞	🕅 C4
Stainach-Pürgg		Trautenfels, Pürgg
🛇 3:00 h 🛛 🖓 8.3 l	km $\uparrow \downarrow 230 \text{ vm}$	easy
as Trautenfels Castle, the Untergrimming and the p	<b>car park</b> o cultural sites and Nature e church ruins of Neuhau parish church and St John rn to Trautenfels via Unter	ıs, a Marian chapel ir ı's chapel in Pürgg via
Fürstensteig 🖤		🕅 D3
Wörschach	Wé	örschach, Stainach

leads you along rock faces and a lovely stream over the Kalvarienberg to Friedstein Castle and the Nature.Power.Place. 4-Elements-Place. Return along the same route or on a somewhat flatter path along the accompanying road to the main road.

Enns- and	d Wörschach	er Moosweg	Ð	<b>D</b> 3
Wörschach				Wörschach, Au
🕑 2:00 h	🖓 <b>4.6 km</b>	∱ <b>↓ 15 vm</b>		easy

#### Starting point: parish church

This path leads to mysterious Wörschach Moor, one of the last and, with an area of 175 ha, one of the largest remaining moorlands in Ennstal. Styria. It is also a European Nature Preserve and home to many rare animal and plant species which, with a little bit of luck, you might encounter along the way.

Spechtensee via Forestry-Road			<b>D</b> 3
Wörschach			Wörschachwald
🕑 4:00 h	🖓 <b>13.6 km</b>	<b>☆↓ 460 vm</b>	moderate

Starting point: veterans' memorial/ centre Starting at the veterans' memorial in the center of Wörschach, you will head uphill on a road with very little traffic, continuing along the forestry road to Spechtensee. Treat yourself to a well-deserved break at the idyllic moorland lake before backtracking the same way you came.

Moos Loop 😓	🕅 C4
Irdning-Donnersbachtal	Irdning
$\bigcirc$ 1:30 h $\bigcirc$ 6.2 km $\uparrow \downarrow$ 50 vm	easy
Starting point: Skulpturenpark	

This leisurely walk takes you along trail No.1 in the constant company of the Grimming, past the sculpture park and the parish church into the Irdninger Moos.

Pürglitz I	Loop 🛞		🕅 C4
Irdning-Donnersbachtal			Irdning, Pürglitz
🔿 1:00 h	💎 5.0 km	<b>仝↓ 130 vm</b>	easv

Starting point: Irdning info office

An easy circular route (No.2) along forest, meadow and woodland paths. The short historical detour to the "Pürglitzschanze" - a fortified building from around 1,800 and Nature.Power.Place. - is well worth it. This loop is an ideal hike for the whole family.

Heilbrun	n Loop 🚳		🕅 C4
Irdning-Don	nersbachtal		Irdning, Altirdning
💛 2:30 h	🖓 7.7 km	<b>↑↓ 100 vm</b>	easy

Starting point: Irdning info office Via the Capuchin monastery you hike along trail No.3 to Altirdning, where a forest path leads into the forest at the end of the village. The trail leads slightly downhill to Heiligenbrunn - once a Celtic cult site. Today there is a chapel with a fountain from which healing spring water flows. Finally, the trail leads downhill on a dirt track to the Enns and back to Irdning. A hike with 2 Nature.Power.Places.

Raumberg Loop		🕅 C4	
Irdning-Don	nersbachtal		Irdning, Raumberg
🕑 2:00 h	🖓 6.3 km	∱ <b>↓ 206 vm</b>	easy

Starting point: Irdning info office A walk (No.6) from the town centre to the monastery and on to Raumberg.

A short educational forest trail will provide you with interesting facts before you make your way back.

## **Alpine-Tours**

Frimmin	g		A3/B4
tainach-Pü	irgg		Dachsteingebirge
🕑 9:00 h	⊲ <sup></sup> ▶ 14.0 km	<b>☆↓ 1,760 vm</b>	difficult

Starting point: Niederstuttern or Schloss Trautenfels

Europe's biggest freestanding mountain can be climbed from several sides. From Niederstuttern or Trautenfels, you can make the hike up via the southeast ridge or the Multereck. Though the north side from Klachau is "easier". All three routes demand surefootedness, a head for heights and mountaineering experience. You should also come equipped with a helmet.

Hechlsteinrunde		<b>B</b> 3		
Stainach-Pürgg Wörschach		wald – Totes Gebirge		
🔆 4:30 h	2.0 km ↑↓ 720 vm ■ d			
Starting point: Wörschachwalderhof				

This variety-filled mountain tour leads via forest paths and forestry lanes, and via a fixed-cable stage, to the summit of the Hechlstein. At the top, you are greeted by a magnificent panoramic view – above all, of the mighty Grimming. Now on a pleasant hiking trail, you will make your way through forest back to your original starting point.

Hochmöll	bing		<b>D2</b>
Wörschach		Schönmoos	- Totes Gebirge
📎 9:00 h	⊲ <del>_</del> <sup>⊳</sup> 20.8 km	<b>∱</b>	■ difficult

Starting point: Schönmoos car park

This alpine tour via the Hochtor, Liezener Hütte and Mittermölbing is only for experienced hikers! A good sense of orientation and stamina are a must in order to climb the more than 1,000 vertical meters to the top of the Hochmölbing. On the summit, you are rewarded by magnificent 360  $^\circ$ panoramas encompassing the Dachstein and Gesäuse. On clear days, you can even see all the way to Linz.





## Equipment

A good backpack is helpful and for routes in alpine terrain, a hat, gloves, a warm jacket and trousers are part of the basic equiptment. Waterproof shoes with non-slip soles, sunglasses, sun protection, and sufficient drinks are essential. A charged, torch, maps, knife and a small first-aid kit should also be part of it.

#### For multi-day hikes we suggest a backpack with a capacity of around 40 litres.

## **Further Hikes**

Riddle Hike Aigen (R)	
Wünschelruten Path Aigen (W)	🕅 D/
Ranzenkar (Nr. 11)	🕅 D/
Gulling-Vorberg Path (Nr. 8)	🕅 D4



## **Mutual Consideration**

Due to agricultural and forestry work, there may be closures, diversions or impairments to paths even during the peak season. Also be aware that most of the hiking trails are on private property and often on agricultural and forestry land. Therefore, please be considerate of the necessary management and always act on your own responsibility.

In the interest of good cooperation with our landowners, as well as for the responsible management and necessary care of nature and the cultural landscape, we kindly ask for your understanding!

## **Nature and you** We are not alone in nature!

The wildlife in our mountains needs certain resting areas - on the one and to raise their young and on the other to save energy.

So please stay on the marked paths! Please also help us, to keep our environment clean. If you take a drinking bottle or a snack bag with you on the trail, please don't leave it behind in the forest. These various materials take between decades and millennia to decompose completely and are a danger to animals and groundwater.



 $\mathcal{Q}_{\mathcal{O}}$  Check the weather situation! Up on the mountain, snow can also fall in summer! In case of thunderstorms: Avoid summits,

- Mountain rescue emergency call: 140 Euro emergency call: 112 Inform your host where you are going or, if you are hiking for several days, put information about the planned route behind the windscreen of your car.
- Proper handling of grazing livestock: The mountain pasture is not a petting zoo - avoid contact with the livestock and do not feed the animals. Keep calm, avoid the animals and cross the pasture quickly. Keep your dog on a leash and only let him loose if an attack is imminent. Close the gates at the fences after passing through.
- Help preserve nature. Don't throw away anything, leave the plants and respect the wildlife and their habitat.
- Take advantage of the hiking- and valley- bus offers for cross-valley tours, as an environmentally friendly and relaxed alternative to driving yourself. Numerous starting points can be easily reached by bus. Many bus and toll uses are included in the Sommercard. You can find the current timetables here:

schladming-dachstein.at/bus

## Wasser-Wanderungen

Plannersee Path 🖤			🕈 E
Irdning-Dor	nersbachtal	Planneralm	- Wölzer Tauer
🕑 1:15 h	<b>⊲</b> —́ <b>&gt; 2.6 km</b>	∱ <b>↓ 200 vm</b>	easy
Starting po	int: Bergrettungs	haus	

The route to the Plannersee lake is either direct via the steeper path or leisurely via the Gasthof Grimmingblick past the mountain pine distillery and the Nature.Power.Place. Neues Plannerkreuz. The destination is always THE LAKE and it is magical. Tip: 30 minutes up to the Plannerknot.

Kothüttensee Path Irdning-Donnersbachtal			🕈 E3
		Planneralm – Wölzer Ta	
🔆 1:30 h	⊲— <sup>⇒</sup> 2.5 km	∱ <b>↓ 200 vm</b>	easy

Starting point: Planneralm car park From Gasthof Grimmingblick uphill via a rocky trail which, on some days, turns into a mountain stream. Passing through mountain pine, you will come to a high plateau. Lying here is the Kothüttensee, a tarn surrounded by reeds. If you still have time and endurance to spare, an additional hour will bring you to the summit of the Karlspitze.

Gorge Loop			🕅 C2
Irdning-Dor	nersbachtal		Donnersbach
🕑 2:00 h	🖓 <b>4.8 km</b>	∱ <b>↓ 200 vm</b>	easy

#### Starting point: Gasthof Leitner

Along the banks of the rushing Donnersbach, you will hike through forest and next to the sandbanks, coming to an old woodcutters' hut. In the heart of the gorge, a big bridge and "story benches" invite you to pause and observe. A little later, you will hike through a short tunnel in the rock, before forestry lanes with beautiful views of the Donnersbach bring you back to the start.

Small Cre	Small Creek Loop 🍃		🕅 C.	
Irdning-Donnersbachtal			Donnersbachwal	
🔿 0:40 h	🖓 1.8 km	∱ <b>↓ 10 vm</b>	easy	

#### Starting point: car park, centre

Horses and donkeys, benches to rest, recreation area with playground and an island biotope - you will find all of these highlights along this short hiking tour No.6 leading through Donnersbachwald, past the Riesneralm and back. This walk is perfect for every season and, with many attractions, also suitable for smaller guests.

Finsterkarsee 🚠	C4
Irdning-Donnersbachtal	Donnersbachwald

 $\bigcirc$  2:30 h <-→ 5.6 km  $\uparrow \downarrow$  380 vm Interval and the moderate Starting point: middle station, Riesneralm

Setting out from the mid-station, you will walk right past the Berghof and then follow the path leading to the Finsterkaralm. Now continue through a steep stretch of forest opening up into alpine pastures, keeping on the path until you reach the Finsterkarsee tarn. Alternatively, you can begin this hiking tour in town (from the Christerbauer farm). But in that case, the tour will involve 8.8 km, 820 vertical meters



## Family-Hikes & Themed-Walks

s' Friedawegerl			🕈 E3
		Planneralm	- Wölzer Tauern
💛 1:00 h	🖓 1.7 km	<b>∱↓ 90 vm</b>	easy

Starting point: Planneralm car park "Bergminze" and "Meisterwurz" are just two of the invigorating wild herbs that you will find on the trail (F) from the Dornbuschhütte up to the Nature.Power.Place. Neues Plannerkreuz is refreshingly easy. On the way back, take a detour to the mountain pine distillery. Tip: Guided herb hike with Andrea - possible with advance booking on T: +43 3683 8105.

Kasweg			🕅 D3
Irdning-Donnersbachtal		Planneralm	- Wölzer Tauern
🕑 1:50 h	⊲ <del>_</del> Þ 5.5 km	ት∲ <b>300 vm</b>	easy

This easy hike is all about a hill farm and its dairy products. Setting out from the Schrabachalm, you will hike via easy paths to the Planneralm. Along the way, you will catch a glimpse of farming life in the hill country and be treated to wonderful views of the surrounding mountains. The Schrabachalm has many delicious dairy products you are welcome to sample.

Starting point: Schrabachalm

back to the starting point.

Soul-searching Path 🌑		
Irdning-Donnersbachtal		
🖓 <b>4.4 km</b>	∱ <b>↓ 140 vm</b>	easy
		nersbachtal

Starting point: leisure park The name says it all on this pleasant circular route (G). You walk past colourful boards with sayings and thoughts that really invite you to "go within yourself". From the "Jagaroan" you walk up to the Nature.Power. Place. Ägydius-Kirchenruine. You then walk to the castle church and

Irdning-Donnersbachtal	Donnersbachwald
Gstanzl Path & Vorderwald Loop	🕅 C/

🕑 2:00 h	💎 <b>5.2</b> km	∱ <b>↓ 100 vm</b>	easy
Starting poir	nt: car park, cent	re	
Trail No. 7 load	le past the Stager	ofform offorthe	bridge turn right or

Trail No.3 leads past the Stegerhof farm, after the bridge turn right and left after a few metres before continuing along the edge of the forest towards Vorderwald. Keep your eyes open and your laughing muscles on, as the Gstanzlweg is also located along this hike.

Lärchkaralm			V 1	
Irdning-Don	nersbachtal		Donnersbachwal	
🕑 2:00 h	<b>⊲</b> – <sup>→</sup> 6.5 km	<b>☆</b> ↓ <b>220 vm</b>	easy	

Starting point: Hinterwald car park Thousands of shades of green await you during this hike. Alongside a babbling stream, through forest and over bridges, you will hike to the idyllic Lärchkaralm. Here, you will be greeted by cows, pigs, hares and more, making this hike great fun for the kids. For the finishing touch, we suggest ordering something delicious to eat and a refreshing drink.

Mörsbachalm			🕅 C4
Irdning-Dor	nersbachtal		Donnersbachwald
🕑 1:10 h	⊲ <del>_</del> ⊳ <b>3.4 km</b>	<b>∱↓ 210 vm</b>	easy

Starting point: summer car park You hike comfortably along a forest road up to the Vordere Mörsbachalm. Once you reach the top, you will be served a hearty snack and numerous

Irdning-Donnersbachtal	Donnersbachwald
Oxenalm	🕅 C2
other hiking options. For example to the Oxe	enalm or the Große Bärneck.

#### $\bigcirc$ 2:30 h $\triangleleft = ▷$ 7.0 km $\uparrow \downarrow$ 380 vm Starting point: summer car park

A forest road leads you up to the Oxenalm. with its warm-hearted innkeepers, the delicious food and beautiful view. After a refreshment stop, you can continue via the Riesneralm (descent with the chairlift), Mörsbachalm or go back the same way.

easv

### Danorama\_Uilzos

Pano	rama-H	likes	
Summit-	Tour Karlspit	z & Schreinl	🕅 E3
Irdning-Don	nersbachtal	Planneralm	- Wölzer Tauerr
🔆 3:40 h	⊲ <del>_</del> ⊳ 9.0 km	ት∲ <b>690 vm</b>	moderate
This tour lead pastures brir Kothüttensee After a short	ngs you to a bro and make a steep break, continue you	IT park ful scenic summits. A ad cirque. There, yu ascent to the summ ur hike along a scenic a top of the Schreinl.	ou will pass the it of the Karlspitz
Alpine Pa	sture Hike		🕈 E3
Judning Den	noveheektel	Diannanaim	Mälser Terrer

Planneralm – Wölzer Tauer  $\bigcirc$  3:15 h → 8.9 km  $\uparrow \downarrow$  370 / 890 vm moderate Starting point: Planneralm car park

From Gasthof Grimmingblick, you will first hike via a trail across pastures leading up to a moist plateau, nestled in the midst of which is the Kothüttensee. Then, you will continue your hike up to the Goldbachscharte. From here, make your way downhill and soon you will reach the Stallaand Lärchkaralm – two beautiful mountain huts that invite you to enjoy a mouthwatering selection of regional specialties.

Schoberspitze			<b>E3</b>
Irdning-Donnersbachtal		Planneralr	n – Wölzer Tauern
💛 4:30 h	⊲ <del>–</del> ⊳ 8.3 km	∱ <b>↓ 820 vm</b>	<b>moderate</b>

Starting point: Planneralm car park This hike leads you to an emblem of the Planneralm. On a country trail, you will hike amid the abundant waters of this alpine cirque. Now things get steeper as you make your way up to the Karlspitz. There, and during the subsequent short descent, you can catch your breath before tackling the steep path, flanked by alpine flowers, up to the grass-topped summit of the Schoberspitze.

Graßlherrgott Loop 🖤	🕅 C1
Irdning-Donnersbachtal	Raumberg, Donnersbach
$\sim$	A 1

🕑 7:00 h 🖓 18.2 km 🖞 750 vm 📕 moderate Starting point: Raumberg chapel

This rather challenging hike (No.4) takes you on forestry lanes and forest trails through Raumberger Forest and alpine pastures to the Stubeggsattel. There, a small chapel offers you time and space to catch your breath and enjoy the views - especially of the Dachstein. Via Buchmannlehen and Bleiberg, you will now hike back to Raumberg.

Irdning-Donnersbachtal	Donnersback
Wasserschloss Loop	🕅 C2

🔆 4:00 h	🖓 <b>11.2 km</b>	∱ <b>↓ 490 vm</b>	easy
Starting poin	t: Gasthof Leitner		

This hike is simply magical. In the imposing Donnersbachklamm gorge, you will hike next to the rushing waters of the Donnersbach. Now, you continue on path No.2, via forestry lanes and forest paths to the Ertlschweigerhaus, then briefly uphill again to the Ilgenberg. This is followed by scenic forest paths and forestry lanes taking you back to your starting point.

Stubegg Path Irdning-Donnersbachtal			C2 Donnersbach

Starting point: Gasthof Leitner This hike (No.7) begins with a climb that is quite challenging. Over the Ritzenberg, uphill along forest paths and forestry lanes, before following the Stubegggraben to the Stubeggsattel. A beautiful place to stop and rest, including the Grasslherrgott Chapel and views that extend all the way to the Dachstein, more than ample reward for all the effort that went into the hike up.

Irdning-Donnersbachtal	Donnersbach
Planner-Almaweg	🕅 C2

🔆 4:30 h	—⊳ <b>12.9 km</b>	ት <b>↓ 960 vm</b>	moderate
Starting point	: Gasthof Leitne	r	

This hike (No.8) is as beautiful as it is long. It takes you through the Donnersbachklamm, via Furrach and the old Planner Road, to the Schrabachalm. Once there, you will have more than earned the delicious local specialties they have on their menu, before continuing your hike along the Kasweg to the Planneralm. You will need to organize a ride for your return.

Mölbegg		<b>D2</b>		
Irdning-Donnersbachtal	Donnersbach - Wölzer Tauern			
💛 3:45 h	∱ <b>↓ 830 vm</b>	moderate		
Starting point: Gehöft Hochbär car park				

Setting out from the highest farm in Donnersbach, you will quickly leave the tree line far behind, clambering uphill over exposed roots and rocks. You will also pass a small tarn and countless alpine flowers, before a steep climb finally leads to the summit and you are treated to an exceptional panorama encompassing the Grimming and more.

Irdning-Donnersbachtal	Altirdning, Bleiber
Buchmannlehen 🎯 🎡	🕅 C

( 3:30 h <→ 11.0 km ↑↓ 390 vm easy Starting point: Kapelle Altirdning The Buchmannlehen is a small alpine pasture in a dream location: from

Altirdning you walk along trail No.7 to the upper Bleiberg. This is followed by a somewhat steeper forest road ascent to the Buchmannlehen. Here you can enjoy the alpine air and views in the face of the Grimming. Tip: A detour to the Nature.Power.Place. "Gstemmer Bildstock".

5 Summits Tour 🚠			V C4
Irdning-Donnersbac	htal	Donnersbachwald -	- Wölzer Tauern
📎 5:30 h 🛛 🖓 14	.4 km	∱ <b>↓ 740 / 1,340</b> vm	moderate
Starting point: Riesn	eralm n	niddle station	

This extraordinary tour leads you to high pastures, alpine peaks, cirques, blueberries and places of extraordinary silence: Finsterkarspitz, Grosses Bärneck, Silberkarspitz, Sonntagskarspitz and Schwarzkarspitz – 5 peaks, interconnected by hiking paths and mountain trails, just waiting for you. During your hike down, you will more than have earned those hearty snacks served at the Mörsbachalm.

Glattjoch			🕈 D5
Irdning-Donnersbachtal		Donnersbachwald	d – Wölzer Tauern
🔆 6:30 h	⊲ <del>_</del> ⊅ <b>17.7 km</b>	∱ <b>↓ 960 vm</b>	<b>moderate</b>

Starting point: Hinterwald car park This hike leads you via old paths once trodden by salt workers and pilgrims. Via the Riedler- and Beireutalm, you will hike to the Obere Glattalm. Following a narrow trail, you will come to the historically important Glattjoch. Unique in Central Europe, this chapel dates back to the Middle Ages and is the highest chapel in Styria.

Michelirlingalm			🕅 C3
Irdning-Donnersbachtal		Donnersbachwal	d – Wölzer Tauern
💛 3:45 h	⊲ <del>_</del> ⊳ 9.0 km	∱ <b>↓ 700 vm</b>	moderate

moderate Starting point: near chapel Perweinhof Via a forestry road and pathways across pastures, you will hike up to this small, delightful alpine basin surrounded by rhododendron-flecked

mountainsides. After a refreshment stop at the hut, we suggest a twenty-minute detour to the Michelirlingsee, or perhaps a one-hour hike to the scenic summit of the Hühnereck.

**C4** 

### Summit barefoot Path 🚠

Irdning-Don	nersbachtal	Donnersbachw	ald - Riesneralm	
🕑 0:45 h	⊲— <sup>⇒</sup> 1.5 km	∱ <b>↓ 130 vm</b>	easy	
Starting point: Riesneralm mountain station				

With 19 stations, feel your way along the mountain with your feet, enjoying a glorious foot reflexology massage in the process. It includes natural grass, spruce cones, woodchips, soil, rocks and much more. This path leads from the Hochseesitz through a series of flattish switchbacks to the top of the Riesnerkrispen.

# Short-Walks and **Leisurely-Tours**

Krapfl Loop		🕅 C1	
Irdning-Dor	nersbachtal		Donnersbach
🔆 2:00 h	🖓 5.7 km	<b>∱</b> ↓ <b>250 vm</b>	easy
Starting poi	nt: leisure centre	car park	
At the beginn	ing of this hike (No	o. 3), you will have direc	t eye contact with
the Grimming	. Through a series	of hairpin bends, you	will hike on narrow
roads, past ol	d farmhouses, to th	ne top of the Erlsberg. A	at the Krapflhof, we
suggest a bre	eak for refreshment	ts before hiking down	through forest and
lush green me	eadows back to Doi	nnersbach.	

ischer P	ath		🕅 C1
rdning-Don	nersbachtal		Donnersbach
🕑 3:00 h	🖓 8.4 km	ት∲ <b>190 vm</b>	easy
tarting poi	nt: Gasthof Rüsc	her	
n this hike y	ou will capture a lo	ot of nature. You hike	along the Donners-

bach stream on a forest path and forest track (No.4D) to Raumberg. Downhill and via Winklern back to the village.

lochbrücken	Path	

Irdning-Donnersbachtal			Donnersbac
💛 1:30 h	🖓 <b>3.9 km</b>	<b>∱</b> ↓ <b>160 vm</b>	easy

Starting point: Ertlschweigerhaus This hike (No. 6) treats you to especially beautiful views of Donnersbach. Moderately steep, you will hike via forest paths and forestry lanes to the small community of Furrach. The landscape is characterized by lush meadows and quiet forests. During the final stage, a small hut with a fishing pond invites you to enjoy a refreshment stop. Then, you will make your way back

Stallwies	en Path		🕈 C4
Irdning-Donnersbachtal			Donnersbachwald
💛 0:45 h	🖓 1.5 km	∱ <b>↓ 90 vm</b>	easy

Starting point: car park, centre

down to Donnersbach.

A short walk for pure relaxation. You will leave the town center of Donnersbachwald heading towards the Mörsbachalm. Here, your path (No. 1) branches off across a meadow and leads to a small forest. This is followed by a sharp climb and you will quickly reach the highest point of the tour. You will emerge from the forest and follow the forestry lane

Mörsbacl	h Loop 🛛 😓		🕅 C4
Irdning-Don	nersbachtal	D	onnersbachwald
🕑 0:30 h	🖓 <b>1.8 km</b>	ት∲ <b>50 vm</b>	easy
Starting poi	nt: car park, cen	tre	
If you need a	a quick breath of	fresh air, then this i	s the perfect loop
(No.2). Past t	he cemetery to the	e first bridge and back	via Pension Gams.
Village Lo	оор		🕈 C4

Irdning-Don	nersbachtal		Donnersbachwald
💛 2:00 h	🖓 6.1 km	∱ <b>↓ 210 vm</b>	easy
Starting point: car park centre			
Trail No.7 is a	combination of th	e Stallwiesenweg, V	orderwaldrunde and
Bachrunde an	d shows you Donne	rsbachwald from its	most beautiful side.

Riedleralm 🔛		V D5
Irdning-Donnersbach	tal	Donnersbachwald
⑦ 1:40 h <= <sup>&gt;</sup> 6.	3 km ↑↓ 130 vm	easy
Starting point: Hinter	wald car park	

This hike through alpine pastures is an ideal short walk for hot days. Completely relaxed, stroll along the shady forestry lane to the Riedleralm. Accompanied only by the murmur of the stream and twittering of birds. If you are in the mood, you can extend your walk by 45 minutes out to the beautiful Beireutalm.

Fischeral	mweg		🕅 C4
Irdning-Don	nersbachtal		Donnersbachwald
💛 3:30 h	⊲— <sup>⊳</sup> 10.2 km	<b>480 vm</b>	easy
Starting poi	nt: car park, centr	е	
A hike to soal	c up the sun, enjoy t	the view, and take	one deep, cleansing
breath after a	another. On trail No	.5, you will first v	walk through a short
stretch of for	est and meadows ι	until you reach th	e wooden gate, then
turn right ar	d continue on the	e forestry road, r	naking your way up

coming to the "Spinn'Stoan" – the end point of this particular hike.			
Plötschner Tour	🕅 C4		
Irdning-Donnersbachtal	Donnersbachwald		
⊙ 0:40 h 🖓 2.1 km 🛛 †↓ 60 vm	easy		
Starting point: car park, centre			

through a series of switchbacks towards the Fischeralm, eventually

Starting from the parking area, cross the street to the bus stop. Just beyond that, the path leads you up to the "Siedlungshaus". Following the trail markings, you'll pass through forest and meadows, coming to the wooden gate, then turn left onto the forestry lane, where you'll soon begin going downhill. After the bridge, you will eventually return to Donnersbachwald.

## **Alpine-Tours**

Hochrettelstein		🕈 E3	
Irdning-Donnersbachtal	Planneralr	n – Wölzer Tauern	
💛 3:30 h	<b>∱</b> ↓ <b>630 vm</b>	moderate	
Starting point: Bergrettungshaus			

A hiking tour to the top of the highest mountain of the Planneralm. Enjoy a leisurely hike to the Plannersee and then, a little steeper, up to the Plannerknot. There, you will hike below the ridge line, getting closer and closer to the summit. Along the way, you are certain to get joy out of the countless alpine flowers, before tackling the steep final summit ascent. At the top, you are greeted by a glorious panorama.

Planners	eekarspitze	🕅 E3	
Irdning-Donnersbachtal		Planneralm – Wölzer Tauern	
🔆 3:00 h	🖓 4.5 km	∱ <b>↓ 510 vm</b>	moderate

Starting point: Bergrettungshaus From the mountain rescue house on the Planneralm, you will climb steadily uphill. Initially, the path will lead you past trees and alpine pastures. Soon, the terrain is taken over by mountain pine. Finally, you will have reached the open summit. Here, you can enjoy the scenery before continuing via the ridge to the Plannerknot, making your way via the Plannersee back to the hut village.

Gratwanderung		<b>E3</b>
Irdning-Donnersbachtal	Planneralm – Wölzer Tauern	
🛇 4:00 h 🛛 🖓 8.0 km	∱↓ 660 vm	moderate
Starting point: Bergrettungs	shaus	

This alpine tour leads you to several summits high above the Planneralm. Via the Plannersee and Plannerknot, you will come to a narrow ridge line. Here, you will collect summiteering experiences of the finest, including the Plannereck, the Kleiner and Grosser Rotbühel and the Jochspitze, before descending from the Goldbachscharte back down to the Planneralm.







office in Irdning and from the municipalities in the Grimmingland health